**Introduction:**

The 5 D's of Bystander Intervention Training were developed by Right To Be (formerly Hollaback!) to help combat bias and harassment. The purpose of the 5 D's is to empower individuals to support someone who is the target of harassment. For more information about their bystander intervention training, visit Right To Be's website.

In this activity, you will read Right To Be's description of the 5 D's and the decision tree below and then answer several discussion questions. You can also access video descriptions of each of the 5 D's (including in a variety of languages) via Asian Americans Advancing Justice AAJC's YouTube channel playlist.

Decision Tree:

The decision tree is a tool that can help you decide which of the strategies described by Right To Be might be the most effective for a particular situation.
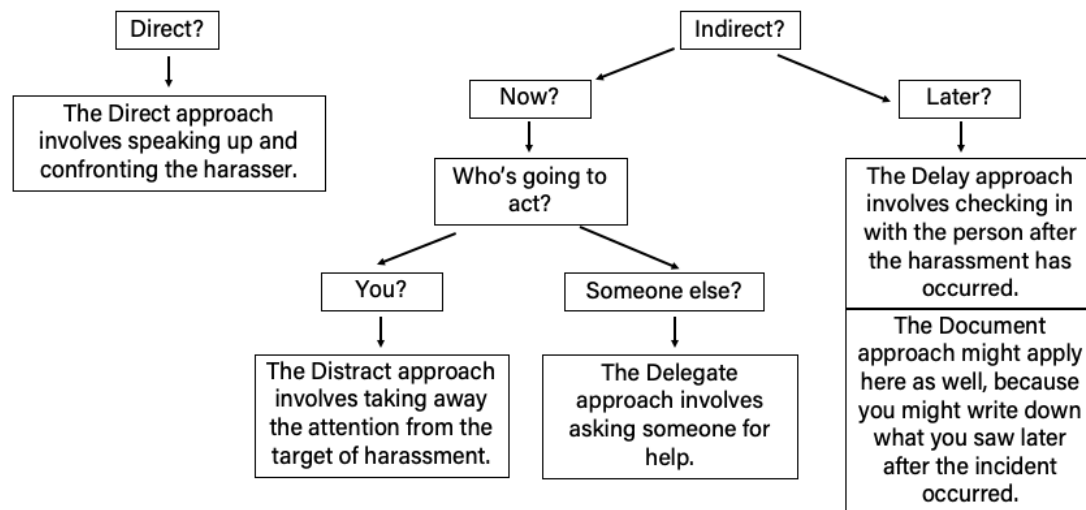
Discussion Questions:

1. Which of these strategies would be the most comfortable for you to perform as a bystander? Why?

2. Which of these strategies feels the most challenging? Why?

3. Are there situations you have been in where one of these strategies would have been an appropriate response? If so, describe the situation and why you think that strategy would have worked well.

4. Which of these strategies would you prefer if you were the subject of harassment or discrimination? Why?

5. Are there any strategies that you would prefer someone didn't use if you were the subject of harassment or discrimination? Why?

Note: If you are interested in completing Right To Be's bystander intervention training, follow this link and sign up for any of their free trainings.